

# "A SUCCESSFUL VEGETARIAN SCHOOL LUNCH PROGRAM: ONE MAN'S COMMITMENT"

A COOKING DEMONSTRATION & LECTURE BY

**CHEF JOHN CADMAN**



**C**hef John Cadman will present a PowerPoint lecture explaining the complexities of creating attractive and appetizing school lunch meals within U.S. Department of Agriculture guidelines. He will also demonstrate the preparation of several approved school lunch selections.

**TUESDAY, MAY 13, 7 P.M.**

**ALA WAI GOLF COURSE CLUBHOUSE  
404 KAPAHULU AVE.**

(0.2 MI. BEHIND THE WAIKIKI-KAPAHULU LIBRARY -  
ACROSS FROM THE CHEVRON STATION)

**Maui — Chef Cadman will also be presenting on Maui on Thur., May 8th, at 7 p.m., at Cameron Center, 95 Mahalani St., in Wailuku.**

**J**ohn Cadman, the school food services manager at Haiku Elementary School on Maui, has been offering optional vegetarian meals to students and teachers for the past twelve years; and for no other reason than his conviction that vegetarian students should have a choice.

A veteran food service worker for over 30 years in such places as the Four Seasons Wailea, The Grande Wailea, Hyatt Regency Kaanapali, The Maui Prince, and the Intercontinental, John is now primarily at Haiku Elementary.

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**FREE Admission &  
Food Samples**